

# **Food Cooking Policy** Time and Temperature

# **Purpose:**

Ensure that all employees are trained on the correct procedure to prevent foodborne illness by cooking foods to the correct minimum internal temperature.

# Scope:

This procedure applies to foodservice employees who are responsible for cooking food that will be immediately served to consumers.

# PROCEDURE: -



Train foodservice employees on using the procedures in this policy.



Train foodservice employees on preparing food per the organization's instructions and recipes.



If a recipe contains a combination of meat products, cook the product to the highest required temperature.



Cook products to the following minimum temperatures for the correct amount of time:

#### 135°F FOR 15 SECONDS

- Fruit, vegetables, grains and legumes that will be hot held for service

#### 145°F FOR 15 SECONDS

- Seafood including fish, shellfish and crustaceans
- Steaks/chops of pork, beef, veal and lamb
- Commercially raised game
- Shell eggs that will be served immediately

#### 145°F FOR 4 MINUTES

- Roasts of pork, beef, veal and lamb

#### 155°F FOR 17 SECONDS

- Ground Meat Including beef, pork and other meat
- Injected meat including brined ham and flavoredinjected roasts
- Mechanically tenderized meat
- Ratites including ostrich and emu
- Ground seafood including chopped or minced seafood
- Shell eggs that will be hot held for service

#### 165°F FOR <1 SECOND (INSTANTANEOUSLY)

- Poultry including whole or ground chicken, turkey or duck
- Stuffing made with fish, meat or poultry
- Stuffed meat, seafood, poultry or pasta
- Dishes that include previously cooked Time/Temperature Control for Safety (TCS) ingredients

# **MONITORING: -**

1

Use a thermometer with a probe that is the correct size for the food.

2

Ensure thermometer is clean, sanitized, and calibrated.

3

Check the temperature in the thickest part of the food

4

Take at least two readings in different locations

## **CORRECTIVE ACTION: —**

If the food item does not reach the minimum internal temperature, continue to cook the food until it does reach minimum internal temperature.

# **VERIFICATION/RECORD KEEPING: -**

Employees will record product name, time, the two temperatures/times, and any corrective action taken on the Cooking and Reheating Temperature Log.

At the end of the business day, the completed Cooking and Reheating Temperature Log will be given to the manager to verify the log has been filled out properly

Maintain logbook for a minimum of one (1) year.

## **RELATED DOCUMENTS: -**



Employee Food Safety Training



Employee Training Record



Thermometer Use & Calibration Policy



Food Item Recipe Card



Cooking &
Reheating
Temperature Log

### **POLICY REVIEWED BY**

SIGNATURE: DATE: